

# RESILIENCE #2026

12TH INTERNATIONAL SYMPOSIUM ON  
RESILIENCE RESEARCH

DIFFERENT PEOPLE,  
DIFFERENT CONTEXTS

23 – 25  
SEPTEMBER 2026  
MAINZ  
GERMANY

SCIENTIFIC PROGRAM

# WEDNESDAY SEPT 23

## INTRESA BUSINESS MEETING

10:00 intresa business meeting (non-public)

## SCIENTIFIC PROGRAM

13:00 WELCOME

## SESSION 1: RESILIENCE IN COLLECTIVE TRAUMA

13:05-  
16:15 SCIENTIFIC PROGRAM, tba

16:45 EARLY-CAREER SCIENTIST SHORT TALKS  
Selected poster abstracts

17:30-  
19:00 POSTER SESSION  
with snacks

20:00 SPEAKERS' DINNER  
Speakers' dinner (non-public)

# THURSDAY SEPT 24

## SESSION 2: SEX AND GENDER IN RESILIENCE RESEARCH

09:00 **Birgit Derntl**, Department of Psychiatry, University Hospital Tübingen

09:40 **Ben Adam Samuels**, Department of Psychology, Rutgers University

10:20 Coffee

10:50 **Susann Schweiger**, LIR & University Medical Center Mainz

11:30 **Seema Bhatnagar**, Children's Hospital of Philadelphia, University of Pennsylvania

12:10 **EARLY-CAREER SCIENTIST SHORT TALKS**  
Selected poster abstracts

13:00 **POSTER SESSION**  
with lunch

14:30 **Claudia Barth**, Department of Psychiatry and Neurosciences, Charité Berlin

## SESSION 3: RESILIENCE IN MENTAL AND PHYSICAL DISORDERS

15:10 **Michèle Wessa**, DKFZ Heidelberg & Central Institute for Mental Health Mannheim  
*Resilience Research in the Context of Cancer Survivorship*

15:50 Coffee

16:20 **Henrik Walter**, Department of Psychiatry and Neurosciences, Charité Berlin

17:00 **Nikolas Koutsouleris**, Precision Psychiatry, LMU Munich

19:00 **SOCIAL**, tba

# FRIDAY SEPT 25

## SESSION 4: ETHICAL, LEGAL, AND SOCIETAL IMPLICATIONS OF RESILIENCE RESEARCH

09:30 **Joanne Bryant**, School of Social Sciences, UNSW Sydney  
*A sociologists' perspective*

09:55 **Jochen Sautermeister**, Catholic-Theological Faculty, University of Bonn  
*A theologists' perspective*

10:20 **Vaishnavi Ramalingam**, Department of Health and Child Law, Leiden University  
*A lawyers' perspective*

10:55 Coffee

## POSTER AWARD CEREMONY

11:30 **Signe Mežinska**, Faculty of Medicine and Life Sciences, University of Latvia  
*A bioethicists' perspective*

11:55 **Anne-Laura van Harmelen**, Leiden University  
*A resilience researcher trying to reply*

## PANEL DISCUSSION

13:00 **FAREWELL**

13:10 **LUNCH**

TUESDAY SEPT 22

## SATELLITE METHODS WORKSHOP

Quantification of resilience in humans