

RESILIENCE 2026

12TH INTERNATIONAL SYMPOSIUM ON
RESILIENCE RESEARCH

DIFFERENT PEOPLE,
DIFFERENT CONTEXTS

23 – 25

SEPTEMBER 2026

MAINZ

GERMANY

SCIENTIFIC PROGRAM

WEDNESDAY SEPT 23

INTRESA BUSINESS MEETING

10:00 intresa business meeting (non-public)

SCIENTIFIC PROGRAM

13:00 WELCOME

SESSION 1: RESILIENCE IN COLLECTIVE TRAUMA

13:05–16:15 SCIENTIFIC PROGRAM, tba

16:45 EARLY-CAREER SCIENTIST SHORT TALKS
Selected poster abstracts

17:30–19:00 POSTER SESSION
with snacks

20:00 SPEAKERS' DINNER
Speakers' dinner (non-public)

THURSDAY SEPT 24

SESSION 2: SEX AND GENDER IN RESILIENCE RESEARCH

09:00 **Birgit Derntl**, Department of Psychiatry, University Hospital Tübingen

09:40 **Ben Adam Samuels**, Department of Psychology, Rutgers University

10:20 Coffee

10:50 **Susann Schweiger**, LIR & University Medical Center Mainz

11:30 **Seema Bhatnagar**, Children's Hospital of Philadelphia, University of Pennsylvania

12:10 EARLY-CAREER SCIENTIST SHORT TALKS
Selected poster abstracts

13:00 POSTER SESSION
with lunch

14:30 **Claudia Barth**, Department of Psychiatry and Neurosciences, Charité Berlin

SESSION 3: RESILIENCE IN MENTAL AND PHYSICAL DISORDERS

15:10 **Michèle Wessa**, DKFZ Heidelberg & Central Institute for Mental Health Mannheim
Resilience Research in the Context of Cancer Survivorship

15:50 Coffee

16:20 **Henrik Walter**, Department of Psychiatry and Neurosciences, Charité Berlin

17:00 **Nikolas Koutsouleris**, Precision Psychiatry, LMU Munich

19:00 SOCIAL, tba

FRIDAY SEPT 25

SESSION 4: ETHICAL, LEGAL, AND SOCIETAL IMPLICATIONS OF RESILIENCE RESEARCH

09:30 **Joanne Bryant**, School of Social Sciences, UNSW Sydney
A sociologists' perspective

09:55 **Jochen Sautermeister**, Catholic-Theological Faculty, University of Bonn
A theologians' perspective

10:20 **Vaishnavi Ramalingam**, Department of Health and Child Law, Leiden University
A lawyers' perspective

10:55 Coffee

11:20 POSTER AWARD CEREMONY

11:30 **Signe Mežinska**, Faculty of Medicine and Life Sciences, University of Latvia
A bioethicists' perspective

11:55 **Anne-Laura van Harmelen**, Leiden University
A resilience researcher trying to reply

12:10 PANEL DISCUSSION

13:00 FAREWELL

13:10 LUNCH

TUESDAY SEPT 22

SATELLITE METHODS WORKSHOP

Quantification of resilience in humans