

ABSTRACT
DEADLINE
JULY 1ST
REGISTRATION
DEADLINE
AUG 1ST
EARLY BIRD
REGISTRATION
MAY 1ST

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RESILIENCE # 2020

UNIVERSITY MEDICAL CENTER
LANGENBECKSTRASSE 1
BUILDING 708

FROM FRANKFURT AIRPORT
TRAIN TO MAINZ CENTRAL STATION: 26 MIN. 5€.
CAB: 25-35 MIN. 60-70 €.

**FROM MAINZ CENTRAL STATION, PUBLIC
TRANSPORT.** BUS BAY G, BUSES 62, 67, 69, 76
(1ST STOP, 4 MIN).

PARKING
USE PARKING GARAGE "AUGUSTUSPLATZ"
(AM RÖMERLAGER, 55131 MAINZ, 5 MIN).

RESILIENCE # 2020

**6TH INTERNATIONAL
SYMPOSIUM ON
RESILIENCE RESEARCH**

**23-24
SEPTEMBER
2020
MAINZ
GERMANY**

UNIVERSITY MEDICAL CENTER
LANGENBECKSTRASSE 1
BUILDING 708

WEDNESDAY SEPT 23

INTRESA BUSINESS MEETING

10:00 Intresa business meeting
(non-public)

SCIENTIFIC PROGRAM

13:00 Welcome

SESSION 1: RESILIENCE – A GUT FEELING?

13:15 **Scott Russo, Mount Sinai Medical School, New York**
Immune mechanisms of depression: At the interface between mind and body

14:00 **Thomas Larrieu, University Medical Center, Lausanne**
Do adult neural stem cells listen to the heart? A new Blood-Brain-Axis in vitro assay for exploring emotional brain health status

14:45 **Coffee**

15:15 **Amparo Acker-Palmer, Goethe University, Frankfurt**
Signaling at the neurovascular interface

YOUNG INVESTIGATOR SHORT TALKS

16:00 Selected poster abstracts

SPOTLIGHT ON STRESS INOCULATION

17:00 **David Lyons, Stanford University**
Stress inoculation in humans and animals

POSTER SESSION

18:00 With wine & cheese

SPEAKERS' DINNER

20:30 Speakers' dinner
(non-public)

THURSDAY SEPT 24

SESSION 2: AN UPSIDE TO ADVERSITY?

9:00 **Anthony Mancini, Pace University, Pleasantville, NY**
How acute adversity improves psychological health

9:45 **Willem Frankenhuis, Radboud University Nijmegen**
Hidden talents in harsh environments

10:30 **Coffee**

11:00 **Crystal Park, University of Connecticut**
Post-traumatic growth: perception versus reality

11:45 **David Fletcher, Loughborough University**
The importance of adversity in the development of superior human performance

POSTER SESSION

12:30 With lunch

SESSION 3: MECHANISMS OF INOCULATION

14:00 **Richard Bryant, University of New South Wales, Sydney**
Impact of controllability and self-efficacy on stress reactions

14:45 **Catherine Hartley, New York University**
Control and the calibration of motivated behavior

15:30 **Coffee**

16:00 **Michèle Wessa, Leibniz Institute for Resilience Research, Mainz**
Behavioral control and resilience

YOUNG INVESTIGATOR POSTER AWARDS

16:45 Young investigator poster award ceremony
Conclusions and farewell

GUTENBERG SOCIAL

18:00 Free drinks, food, music and a look at the world's first printed bible (ticket available on site, 5 € students and postdocs, 15 € Pls)

ORGANIZERS

LEIBNIZ INSTITUTE FOR RESILIENCE RESEARCH (LIR),
JOHANNES GUTENBERG UNIVERSITY MEDICAL CENTER MAINZ,
INTERNATIONAL RESILIENCE ALLIANCE (INTRESA),
RHINE-MAIN NEUROSCIENCE NETWORK (RMN2),
DFG COLLABORATIVE RESEARCH CENTER
"NEUROBIOLOGY OF RESILIENCE" (CRC1193),
EU HORIZON PROJECT DYNAMORE

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