ABSTRACT DEADLINE JULY 1ST
REGISTRATION DEADLINE AUG 1ST
EARLY BIRD REGISTRATION MAY 1ST

RESILIENCE #2020
UNIVERSITY MEDICAL CENTER LANGENBECKSTRASSE 1
BUILDING 708

6TH INTERNATIONAL SYMPOSIUM ON RESILIENCE RESEARCH
23–24 SEPTEMBER 2020 MAINZ GERMANY

FROM FRANKFURT AIRPORT
TRAIN TO MAINZ CENTRAL STATION: 26 MIN, 5 €.
CAB: 25–35 MIN, 60–70 €.

FROM MAINZ CENTRAL STATION, PUBLIC
TRANSPORT, BUS BAY G, BUSES 62, 67, 69, 76
(1ST STOP, 4 MIN).

PARKING
USE PARKING GARAGE "AUGUSTUSPLATZ"
(AM RÖMERLAGER, 55131 MAINZ, 5 MIN).

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## Scientific Program

### Wednesday

**INTRESA Business Meeting**
- 10:00 Intresa business meeting
- (non-public)

**Scientific Program**
- 13:00 Welcome

### Session 1: Resilience – A Gut Feeling?
- 13:15 Scott Russo, Mount Sinai Medical School, New York
  - Immune mechanisms of depression: At the interface between mind and body
- 14:00 Thomas Larrieu, University Medical Center, Lausanne
  - Do adult neural stem cells listen to the heart? A new Blood-Brain-Axis in vitro assay for exploring emotional brain health status
- 14:45 Coffee
- 15:15 Amparo Acker-Palmer, Goethe University, Frankfurt
  - Signaling at the neurovascular interface

### Young Investigator Short Talks
- 16:00 Selected poster abstracts

### Spotlight on Stress Inoculation
- 17:00 David Lyons, Stanford University
  - Stress inoculation in humans and animals

### Poster Session
- 18:00 With lunch

### Thursday

**Session 2: An Upside to Adversity?**
- 9:00 Anthony Mancini, Pace University, Pleasantville, NY
  - How acute adversity improves psychological health
- 9:45 Willem Frankenhuysen, Radboud University Nijmegen
  - Hidden talents in harsh environments
- 10:30 Coffee
- 11:00 Crystal Park, University of Connecticut
  - Post-traumatic growth: perception versus reality
- 11:45 David Fletcher, Loughborough University
  - The importance of adversity in the development of superior human performance

### Poster Session
- 12:30 With lunch

**Session 3: Mechanisms of Inoculation**
- 14:00 Richard Bryant, University of New South Wales, Sydney
  - Impact of controllability and self-efficacy on stress reactions
- 14:45 Catherine Hartley, New York University
  - Control and the calibration of motivated behavior
- 15:30 Coffee
- 16:00 Michèle Wessa, Leibniz Institute for Resilience Research, Mainz
  - Behavioral control and resilience

### Young Investigator Poster Awards
- 16:45 Young investigator poster award ceremony
- Conclusions and farewell

**Gutenberg Social**
- 18:00 Free drinks, food, music and a look at the world’s first printed bible (ticket available on site, 5 € students and postdocs, 15 € PIs)