

RESILIENCE 2020

6TH INTERNATIONAL SYMPOSIUM ON
RESILIENCE RESEARCH

23-25
SEPTEMBER
2020
MAINZ
GERMANY

ONLINE EVENT!
LIVE WEBCAST:
JOIN MORE THAN
20 TALKS
ONLINE!

WEDNESDAY
SEPT 23

INTRESA BUSINESS MEETING (INTERNAL)

11:00 Intresa business meeting

SCIENTIFIC PROGRAM

13:00 Welcome

SESSION 1: RESILIENCE – A GUT FEELING?

13:05 Scott Russo, Mount Sinai Medical School,
New York

Immune mechanisms of depression:
At the interface between mind and body
Thomas Larrieu, Center for Psychiatric
Neurosciences, Lausanne University
Hospital
Do adult neural stem cells listen to the
heart? A new Blood-Brain-Axis in vitro assay
for exploring emotional brain health status

14:35 Break

14:50 Amparo Acker-Palmer, Goethe University,
Frankfurt
Signaling at the neurovascular interface

YOUNG INVESTIGATOR SHORT TALKS

15:35 Selected poster abstracts

SPOTLIGHT ON STRESS INOCULATION

16:00 David Lyons, Stanford University
Stress inoculation in humans and animals
(End: 17:00)

THURSDAY
SEPT 24

SESSION 2: MECHANISMS OF INOCULATION

13:00 Richard Bryant, University of New
South Wales, Sydney
Impact of controllability and self-efficacy
on stress reactions

13:45 Catherine Hartley, New York University
Control and the calibration of motivated
behavior

14:30 Break

14:45 Michèle Wessa, Leibniz Institute for
Resilience Research, Mainz
Behavioral control and resilience

SESSION 3: AN UPSIDE TO ADVERSITY?

15:30 Anthony Mancini, Pace University, NY
How acute adversity improves psycho-
logical health

YOUNG INVESTIGATOR SHORT TALKS

16:15 Selected poster abstracts
(End: 17:00)

Registered attendees receive a Microsoft Teams link
by mail. Poster abstracts and recorded presentations
will be available for six months to registered attendees
at the website.

FRIDAY
SEPT 25

SESSION 3 CNTD.: AN UPSIDE TO ADVERSITY?

13:00 Willem Frankenhuis, University of Utrecht
Hidden talents in harsh environments

13:45 David Fletcher, Loughborough University
The importance of adversity in the devel-
opment of superior human performance

14:30 Break

SESSION 4: RESILIENCE IN THE CORONA CRISIS

14:45 Klaus Lieb, Leibniz Institute for Resilience
Research, Mainz

Mental health consequences of the
Corona crisis

15:00 Oliver Tüscher, University Medical Center,
Mainz

The bright side of the lockdown

15:15 Simon Forstmeier, University Siegen
Corona-related stress, its consequences on
psychopathology and personal growth, and
resilience in university students

15:30 Christian Waugh, Wake Forest University,
NC

Coping with COVID-19: The efficacy of dis-
traction for coping with the chronic stress of
a pandemic

15:45 Ran Barzilay, University of Pennsylvania
A multidimensional evaluation of resilience
and its contribution to understanding mental
health during COVID-19 pandemic outbreak

16:00

Henrik Walter, Charité Berlin
& Erno Hermans, Radboud University
Nijmegen

Psycho-social factors associated with mental
resilience in the Corona lockdown

16:15

Discussion: What have we learned from
this crisis?

YOUNG INVESTIGATOR POSTER AWARD CEREMONY

16:45

General conclusions and farewell
(End: 17:00)

TIMETABLE INFO:

ALL TIMES ARE CENTRAL
EUROPEAN TIME (CET).
CET IS 8 HOURS BEHIND SYDNEY AND
9 HOURS AHEAD OF SAN FRANCISCO.

SESSIONS START AT 1 PM CET
(SY: 9 PM, SF: 4 AM)
AND END AT 5 PM CET
(SY: 1 AM, SF: 8 AM).

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CRC 1193
RESILIENCE

