WEDNESDAY
SEPT 23

INTRESA BUSINESS MEETING (INTERNAL)
11:00  Intresa business meeting

SESSION 1: RESILIENCE – A GUT FEELING?
13:05  Scott Russo, Mount Sinai Medical School, New York
       Immune mechanisms of depression: At the interface between mind and body
13:50  Thomas Larrieu, Center for Psychiatric Neurosciences, Lausanne University Hospital
       Do adult neural stem cells listen to the heart? A new Blood-Brain-Axis in vitro assay for exploring emotional brain health status

14:35  Break
14:50  Amparo Acker-Palmer, Goethe University, Frankfurt
       Signaling at the neurovascular interface

SESSION 2: MECHANISMS OF INOCULATION
13:00  Richard Bryant, University of New South Wales, Sydney
       Impact of controllability and self-efficacy on stress reactions
13:45  Catherine Hartley, New York University
       Control and the calibration of motivated behavior
14:30  Break
14:45  Michèle Wessa, Leibniz Institute for Resilience Research, Mainz
       Behavioral control and resilience

SESSION 3: AN UPSIDE TO ADVERSITY?
15:30  Anthony Mancini, Pace University, NY
       How acute adversity improves psychological health

YOUNG INVESTIGATOR SHORT TALKS
16:15  Selected poster abstracts
(End: 17:00)

THURSDAY
SEPT 24

SESSION 2: MECHANISMS OF INOCULATION
13:00  Richard Bryant, University of New South Wales, Sydney
       Impact of controllability and self-efficacy on stress reactions
14:30  Break
14:45  Michèle Wessa, Leibniz Institute for Resilience Research, Mainz
       Behavioral control and resilience

SESSION 3: AN UPSIDE TO ADVERSITY?
15:30  Anthony Mancini, Pace University, NY
       How acute adversity improves psychological health

YOUNG INVESTIGATOR SHORT TALKS
16:15  Selected poster abstracts
(End: 17:00)

SESSION 4: RESILIENCE IN THE CORONA CRISIS
14:45  Klaus Lieb, Leibniz Institute for Resilience Research, Mainz
       Mental health consequences of the Corona crisis
15:00  Olivier Tüscher, University Medical Center, Mainz
       The bright side of the lockdown
15:15  Simon Forstmeier, University Siegen
       Corona-related stress, its consequences on psychopathology and personal growth, and resilience in university students
15:30  Christian Wough, Wake Forest University, NC
       Coping with COVID-19: The efficacy of distraction for coping with the chronic stress of a pandemic
15:45  Ran Borjiag, University of Pennsylvania
       A multidimensional evaluation of resilience and its contribution to understanding mental health during COVID-19 pandemic outbreak

FRIDAY
SEPT 25

SESSION 3 CONT.: AN UPSIDE TO ADVERSITY?
13:00  Willem Frankenhuizen, University of Utrecht
       Hidden talents in harsh environments
13:45  David Fletcher, Loughborough University
       The importance of adversity in the development of superior human performance
14:30  Break

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16:00  Henrik Walter, Charité Berlin
       & Ena Hermans, Radboud University Nijmegen
       Psycho-social factors associated with mental resilience in the Corona lockdown
       Discussion: What have we learned from this crisis?

YOUNG INVESTIGATOR POSTER AWARD CEREMONY
16:45  General conclusions and farewell
(End: 17:00)

TIMETABLE INFO:
ALL TIMES ARE CENTRAL EUROPEAN TIME (CET).
CET IS 8 HOURS BEHIND SYDNEY AND 9 HOURS AHEAD OF SAN FRANCISCO.
SESSIONS START AT 1 PM CET (SY: 9 PM, SF: 4 AM)
AND END AT 5 PM CET (SY: 1 AM, SF: 8 AM).

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ONLINE EVENT!
LIVE WEBCAST: JOIN MORE THAN 20 TALKS ONLINE!