

Gal Sheppes, Tel Aviv University

<https://en-social-sciences.tau.ac.il/profile/sheppes>



Professor Gal Sheppes, is a professor of psychology, the head of the clinical-science program, and the director of the Emotion and Self-Regulation Laboratory in the School of Psychological Sciences in Tel Aviv University. Gal received his B.A in behavioral sciences, M.A. and Ph.D. in clinical psychology from Ben-Gurion University in Israel. He then completed a two-year postdoctoral training at the affective neuroscience program at Stanford University. He also engaged in clinical training in the Sderot area, working with children with various emotional problems, and in Ichilov hospital working with adults. Gal joined Tel Aviv University at 2011. In his studies he integrates basic and applied science to study the underlying mechanisms of emotion regulation and self-regulation among healthy and clinical populations. He also studies the influences of social media. Gal incorporates experiential, behavioral, and electrophysiological methods. Gal has won the Rothschild fellowship for postdoctoral fellows, the Allon fellowship for outstanding young researchers, and received grants from ISF, BSF, National Institute of Psychobiology, and NIMH. He has published in major outlets including: *Advances in Experimental Social Psychology*, *Annual Review of Clinical Psychology*, *Social, Cognitive & Affective Neuroscience*, *Personality and Social Psychology Review*, *Psychological Science*, *Journal of Experimental Psychology: General*. He also served as Associate Editor in the APA journal *Emotion*.