

George A. Bonanno, Columbia University

<https://www.tc.columbia.edu/faculty/gab38/>



George A. Bonanno is a professor of clinical psychology at Teachers College, Columbia University, U.S. He is responsible for introducing the controversial idea of resilience to the study of loss and trauma. He is known as a pioneering researcher in the field of bereavement and trauma. *The New York Times* on February 15, 2011, stated that the current science of bereavement has been "driven primarily" by Bonanno. *Scientific American* summarized a main finding of his work, "The ability to rebound remains the norm throughout adult life." In 2019, Bonanno was honored with the James McKeen Cattell award from the Association of Psychological Science "for a lifetime of intellectual achievements in applied psychological research and their impact on a critical problem in society at large" and by the International Positive Psychology Association for "distinguished lifetime contributions to positive psychology".

His most recent book is "The End of Trauma: How the New Science of Resilience is Changing How We Think About PTSD."