Deutsches Resilienz-Zentrum Mainz (DRZ)

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Registration deadline: Sep 21, 2015





Thu Oct 1 Fri Oct 2 2015

Fri Oct 2 Latest developments in human resilience research

prospective studies, large cohorts, genomics, behavior and imaging





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PROGRAM

Thursday, Oct 1

13:30 Welcome

13:40 Marco Boks

Department of Psychiatry, University Medical Center Utrecht, Netherlands

DNA methylation marks of stress resilience: Utility for etiological research and biomarker development

14:40 Tanja Jovanovic

Department of Psychiatry and Behavioral Sciences, Emory University, Atlanta, USA

Resilience in the aftermath of chronic civilian trauma: Is brain-related inhibitory control protective?

15:40 Coffee break

16:00 Susann Steudte-Schmiedgen

Department of Psychology, Technical University Dresden, Germany

Cortisol as a potential resilience factor

16:30 Raffael Kalisch

Neuroimaging Center, University Medical Center Mainz, Germany

Testing neuro-cognitive mechanisms of resilience in a prospective-longitudinal design

17:00 - 17:30 Discussion

Friday,

Oct 2

9:30 Talma Hendler

Sagol School of Neuroscience, Tel Aviv University, Israel

Stress inoculation using fMRI-inspired amygdala targeted EEG neurofeedback

10:30 Birgit Kleim

Psychological Institute, University of Zürich, Switzerland

Bridging the gap: Taking research on resilience mechanisms from the lab to the real world

11:30 Lunch break

13:15 Eddie Brummelman

Research Institute of Child Development and Education, University of Amsterdam, Netherlands Brief psychological interventions to cultivate resilience

13:45 Michèle Wessa

Institute of Psychology, Johannes Gutenberg University Mainz, Germany

Towards prevention

14:15 - 15:00 Closing discussion



LOCATION

Institute for Molecular Biology (IMB) on Mainz University campus,
Ackermannweg 4,



HOW TO GET THERE

By public transport

From Mainz central station (bus bay F on square), take bus 69 (campus line), exit Duesbergweg (10 min)

By taxi

Tell driver to drop you at access Koblenzer Straße (red arrows on map)

By car

Use parking lots outside campus area, see: www.uni-mainz.de/eng/118.php